



# Help from Ignatius

## on our

# Synodal Pathway

We will draw on the insight of Ignatius of Loyola, who carefully noted what was most helpful to people seeking God as he made his pilgrim way.

Each Zoom meeting will present some essential elements of Ignatian spirituality to refresh and encourage us as we find new ways of being church together.

A series of four evenings will be offered by Manresa's team to help all who seek a synodal pathway.

Wednesdays  
23, 30 March;  
6, 13 April 2022

7:30 - 9:00 pm

Register for any evening:  
[manresa.today/synod](https://manresa.today/synod)

### 3 Wednesday 6 April

#### Spiritual Conversation

Spiritual Conversation describes the reflective dialogue between Christians who value the work of the Holy Spirit. In a world often characterised by debate, how might we best speak and listen to one another in a more "synodal" way? Manresa's Aileen Murphy RLR and Piaras Jackson SJ will present this Zoom session.

### 1 Wednesday 23 March

#### Paying Attention to God in Our Lives

The more aware we are of our blessings and burdens, the more ready we are to find where God is leading us. The awareness prayer helps us to pay attention to how God is present to us and where God may be calling us. This online evening will be led by Piaras Jackson SJ and Aileen Murphy RLR.

 [dublindiocese.ie/synod](https://dublindiocese.ie/synod)  
[synod.ie](https://synod.ie)

### 2 Wednesday 30 March

#### Noticing How the Spirit Moves

Discernment describes how we allow the Holy Spirit to direct our attention and shape our decisions. Ignatius of Loyola paid attention to the "movement of spirits" as he came to understand how God works in our lives. Eileen O'Brien and Ashley Evans SJ will present this evening.

Read online:  
[manresa.ie/synod](https://manresa.ie/synod)

### 4 Wednesday 13 April

#### Finding Inner Freedom

The synodal pathway calls us to new ways of being church together: growing in inner freedom is at the heart of our discipleship as portrayed in the events of Holy Week. Mike Drennan SJ and Mary Hunt will guide this online session.

Register to attend any evening:  
[manresa.today/synod](https://manresa.today/synod)



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ANNIVERSARY OF  
THE CONVERSION  
OF IGNATIUS